

**QUESTIONS & CONCERNS?**

If you have any questions or concerns please contact us or your urologist immediately.

For more information, please visit our website at [www.prostatebrachytherapy.info](http://www.prostatebrachytherapy.info)



**URO-RADIOLOGY  
PROSTATE INSTITUTE**

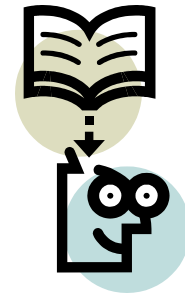
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**URO-RADIOLOGY  
PROSTATE INSTITUTE**

**3-Dimensional Computed  
Tomography-Guided Pararectal  
Brachytherapy of prostate cancer**

**PRE-TREATMENT  
GUIDELINE AND  
INSTRUCTIONS**



**STAGING AND PREPARATION PRIOR TO  
TREATMENT OF PROSTATE CANCER WITH  
3-D COMPUTED TOMOGRAPHY-GUIDED  
PARARECTAL BRACHYTHERAPY**

**TEL: 703 356 9674**

# PRE-TREATMENT GUIDELINES AND INSTRUCTIONS

## REPORTS NEEDED BEFORE IMPLANT

1. Pathologist's biopsy report.
2. Bone scan.
3. CT scan of the upper and lower abdomen.
4. MRI 

yes	no
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5. Prostate scan 

yes	no
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6. Seminal Vesicle biopsy 

yes	no
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7. Recent chest x-ray, EKG, PT, PTT, CBC, blood chemistry and electrolytes for pre-op clearance.



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## PRE-TREATMENT INSTRUCTIONS

1. No aspirin, blood thinners (Coumadin), or MAO-inhibitors ten (10) days prior to implant. Patients with diabetes or a heart condition check with our office as the patient may need to consult with anesthesiologist prior to implant.
2. Instructions for bowel preparation: **START MORNING DAY BEFORE IMPLANT**
  - a. Ciprofloxacin 500 mg (24 tablets), one tablet twice a day every 12 hours. Continue with medications for 10 days.
  - b. Flagyl 500 mg (12 tablets), one tablet every six (6) hours. No alcohol while taking Flagyl. Continue for 3 days.
  - c. **12:00 NOON Day Before Implant: Liquid (NO MILK, NO SOLID FOOD)** diet prior to procedure until implant is performed. Drink 8 ounces of fluids every hour until midnight before the implant.
  - d. **12:00 NOON Day Before Implant** Phospho-Soda 1.5 ounces. Pour into one half-glass of cold clear liquid. Drink and follow immediately with one full glass of water.

- e. **8:00 PM NIGHT BEFORE IMPLANT** Take 4 Fleet (Ducolax) tablets by mouth.
- f. **6:00 AM MORNING OF IMPLANT** Insert one Fleet (Ducolax) suppository into rectum (deep), wait 30 minutes. Insert tannic acid suppositories (**2 WHITE ONES**) **DEEP into the rectum. TAKE DOSE OF CIPRO AND FLAGYL WITH AS LITTLE WATER AS POSSIBLE MORNING OF IMPLANT. NO OTHER EATING OR DRINKING MORNING OF IMPLANT. Take blood pressure or heart medicine. Don't take diabetic medicine. Bring diabetic medicine and monitor with you.**
- g. We will also need to collect a \$40.00 shipping fee for the seeds, which URPI is unable to collect from your insurance company

**I have read and understood the guideline and instructions in this document.**

\_\_\_\_\_  
**Patient's signature**

\_\_\_\_\_  
**Date of procedure**

\_\_\_\_\_  
**Time of procedure**